

# COSTA RICA RAINFOREST PACKING LIST

*"I get ideas about what's essential when packing my suitcase."*

Diane Von Furstenberg

## Clothing

- Two (2) to three (3) moisture-wicking tanks or short sleeve tops
- Two (2) moisture-wicking long sleeve tops
- Two (2) pairs of yoga/exercise pants or capris
- One (1) to two (2) pairs of lightweight hiking pants or capris (water resistant preferred)
- One (1) lightweight sweater/wrap for cool evenings in mountain areas
- Casual resort clothing (sundress, capris, shorts)
- One (1) to two (2) bathing suits
- Moisture-wicking undergarments
- One (1) to two (2) pairs of shorts
- Pajamas



## Footwear

- River Shoes/Water Shoes/Old Sneakers (closed toe preferable) with good tread
- Lightweight hiking shoes or trail shoes
- Flip flops or sandals
- Sneakers
- Socks (moisture-wicking)



## Outerwear

- MOJO jacket (supplied)
- Lightweight rain shell/poncho

## Additional Items

- Lightweight backpack/daypack (to store extra layers)
- Passport and two (2) photocopies of the ID page
- Small denominations of US currency (\$1 and \$5) for tipping at resort - *US dollars are widely accepted in Costa Rica*
- Insect repellent containing DEET (very important)
- Sunscreen
- Portable flashlight and extra batteries
- Sunglasses with attachment strap
- Hat
- Two (2) heavy-duty plastic garbage bags (for wet/dirty clothing and shoes)
- Camera (preferably waterproof)
- Extra memory card
- Refillable water bottle
- Cell phone chargers
- Toiletries
- Hair ties (for longer hair)
- Small first aid kit
- Medications
- SPF lip protection



### WHAT WILL THE WEATHER BE LIKE?

*Costa Rica enjoys year-round spring weather. Expect humid temperatures in the upper 70s to 80s during the day. The mountain areas near San Jose and Arenal can get a bit cooler at night. Although we will be visiting during the dry season, always be prepared for pop up showers.*

*Dress attire is casual for all activities (including group dinners). Loose-fitting, quick-drying clothes and fabrics are keys to staying comfortable in a tropical environment.*

**Need any gear for your adventure?**

**Gear up with our partners Athleta and Mountain High Outfitters**

**For more inspiration please visit  
MOJO Active Adventures Pinterest Page**

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